

# **Ethically Sourced Ingredients**

# BULGARIAN LAVENDER **ESSENTIAL OIL**

Suitable for beauty and personal care applications.

INCI: Lavandula Angustifolia (Lavender) Oil Extraction Method: Steam Distillation

Shelf Life: 5 Years Origin: Bulgaria

### **Background:**

Praan Naturals Bulgarian Lavender Essential Oil is steam distilled from the fresh flowers (buds) and leaves of true lavender, Lavandula angustifolia, an aromatic annual shrub belonging to the Lamiaceae family.

Praan Naturals Bulgarian Lavender Essential Oil is 100% pure. With its impressive composition of linally acetate and its total ester composition reaching 45%, it is a wonderfully calming essential oil with a superb lavender aroma. It is helpful in formulations intended to comfort and soothe the feelings of anxiety, irritability and stress. It contains only a mere trace of camphor and cineole (each well under 1%). Camphor and cineole are components that you do not want in excess when desiring an especially soothing, Bulgarian Lavender Essential Oil sourced from Lavandula angustifolia.

#### **Ethical and Sustainable Sourcing:**

Praan Naturals Bulgarian Lavender Essential Oil was grown, harvested and distilled in a beautiful valley region of Bulgaria that offers optimal weather and soil conditions for lavender essential oil production. Lavender harvested from Lavandula angustifolia is classified as a stable species of least concern by The IUCN Red List of Threatened Species (International Union for Conservation of Nature and Natural Resources).

#### **Uses:**

This especially lovely Bulgarian Lavender Essential Oil possesses a delightfully sweet, gently herbaceous lavender aroma that is perfectly suited for the finest aromatherapy, beauty, cosmetic, skin care and natural fragrancing applications. Bulgarian Lavender Essential Oil is an excellent choice for formulations intended to help bring peace of mind and to help support restful sleep. Within skin care applications, our Bulgarian Lavender Essential Oil can be used with all skin types. It helps to balance and support healthy skin, and it can help soothe minor skin irritations.



#### **Properties:**

- 100% Pure
- Ethically and Sustainably Sourced
- Clear, Thin Consistency
- Exquisite Lavender Aroma
- Independent GC/MS Analysis Performed
- Refer to GC/MS Report for Specific Composition Details

# Lavender Essential Oil is Well Suited for the **Following Personal Care Applications:**

- Skin Care
- Hair Care
- Cosmetics
- Personal Wellness
- Aromatherapy
- Massage

## **Recommended Usage Rate:**

0.1-5%. There are no contraindications or safety hazards listed within Essential Oil Safety Edition 2 by Robert Tisserand and Rodney Young. However, we recommend referring to this book to review and confirm safety guidelines based on your intended use of the oil.

Standard Packaging: Available in small drums.













For more information on Praan Naturals Lavender Essential Oil and other certified organic and conventional essential oils, visit PRAANnaturals.com or call our Customer Care department at (800) 340-0080 or (203) 702-2500.