

# **Ethically Sourced Ingredients**

## **ORGANIC PERILLA SEED OIL**

Suitable for beauty and personal care applications.

INCI: Perilla Frutescens (Perilla) Seed Oil

**Extraction:** Expeller Pressed

**Processing:** Refined, Bleached and Deodorized **Shelf Life:** 1-2 Years (Nitrogen Blanket Recommended)

Origin: China

### **Background:**

Perilla frutescens is an aromatic perennial plant that is native to Asia. It features distinctive large, deep green or reddish-purple leaves and stalks of small pastel pink or lavender flowers. The plant is sometimes known as Shiso and Perilla Mint because the plant is a member of the mint family. Traditionally, the leaves and seeds have been used for an array of medicinal and culinary uses in China, Japan and Korea.

Organic Perilla Seed Oil is prized for its remarkably impressive fatty acid composition. Containing a minimum of 59% alpha-Linolenic acid (ALA), Organic Perilla Seed Oil is one of the richest natural sources of this highly beneficial omega-3 essential fatty acid.

After meticulous harvesting and production, Praan Naturals Organic Perilla Seed Oil is then carefully packaged and stored to maintain the purity, freshness and beneficial properties of this highly nutritive oil.

#### Uses:

Organic Perilla Seed Oil is a versatile, light and highly moisturizing oil that absorbs rapidly. Its fatty acid composition includes at least 59% alpha-Linolenic Acid (ALA), an omega-3 essential fatty acid that is remarkably beneficial in personal care and within beauty and cosmetic applications. Organic Perilla Seed Oil is effective in moisturizing, soothing and protecting mature, dry, cracked, sensitive and challenging, stubborn dry skin types. It leaves the skin feeling softer and more youthful. Within hair care formulations, Organic Perilla Seed Oil nourishes, conditions and helps protect the scalp and hair.









# Organic Perilla Seed Oil is Perfectly Suited for the Following Personal Care Applications:

- Skin Care
- Lip Care
- Hair Care
- Nail Care
- Cosmetics
- Aromatherapy
- Massage

### **Properties:**

- Clear Light to Medium Yellow Hue
- Characteristic Light, Sweet, Nutty Aroma
- Light Viscosity
- Rapid Absorption
- Highly Moisturizing and Emollient
- See Spec Sheet for Fatty Acid Composition

Recommended Usage: 1-100%

Standard Packaging: Available in drums and pails.









For more information on Praan Naturals premium quality Organic Perilla Seed Oil and other certified organic and conventional lipids, visit PRAANnaturals.com or call our Customer Care department at (800) 340-0080 or (203) 702-2500.